



How to Survive and Thrive with a Mentally Ill Relative

a lecture series sponsored by Pacific Clinics and NAMI San Gabriel Valley

in memory of Georgette Shatford

Inside the World of Bipolar Disorder: <http://youtu.be/G1Xe8awbPeU>

Treatment of Bipolar Disorder: <http://youtu.be/Q2KNgzVYQZo>

Inside the Darkness of Depression: <http://youtu.be/5vBEF1ctM6Q>

Inside “the Beautiful Mind” of Schizophrenia: <http://youtu.be/4JCM1YpEJ4>

Recovery with Schizophrenia: <http://youtu.be/XpY2K8pHfLo>

Understanding Trauma and PTSD: <http://youtu.be/t2XqE3dVt2c>

The Family As Ally-Helpful Skills and Strategies:
<http://youtu.be/IONPGMBH578>

This lecture series is given by Michael Di Paolo, Ph.D. in the fall of 2014 one evening a week for seven weeks, at 2471 E. Walnut in Pasadena. It is offered as a community service at no charge, and all are welcome. Exact dates and time will be posted on our website www.namisangabrielvalley.org.